

IMPORTANT INFORMATION - PLEASE READ AND SAVE



Special-Ops Harness

Made in USA
of US and foreign components

CARRYING, MAINTENANCE & STORAGE

During use, carrying and storage keep the equipment away from acids, alkalis, exhaust emissions, rust and strong chemicals. Do not expose the equipment to flame or high temperatures. Carry the equipment where it will be protected as the equipment could melt or burn and fail if exposed to flame or high temperatures.

If the equipment becomes soiled, it can be washed in cold water with a mild detergent that is safe for use with nylon and polyester. Dry out of direct sunlight. Do not dry in an automatic dryer. Store in a cool, dry location. Do not store where the equipment may be exposed to moist air, particularly where dissimilar metals are stored together.

REPAIR

All repair work shall be performed by the manufacturer. All other work or modifications void the warranty and releases CMC from all liability and responsibility as the manufacturer.

SAMPLE INSPECTION AND MAINTENANCE LOG

The sample log suggests records that should be maintained by the purchaser or user of life safety equipment.

Equipment Inspection and Maintenance Log			
Item _____ # _____		Date in Service _____	
Brand/Model _____		Size _____	
Date	How Used or Maintained	Comments	Name

WARNING

- **SERIOUS INJURY OR DEATH MAY RESULT FROM THE IMPROPER USE OF THIS EQUIPMENT.**
- **THIS EQUIPMENT HAS BEEN DESIGNED AND MANUFACTURED FOR USE BY EXPERIENCED PROFESSIONALS ONLY.**
- **DO NOT ATTEMPT TO USE THIS EQUIPMENT WITHOUT PRIOR TRAINING.**
- **THOROUGHLY READ AND UNDERSTAND ALL LABELS AND INSTRUCTIONS BEFORE USE.**
- **USE, INSPECT AND REPAIR ONLY IN ACCORDANCE WITH MANUFACTURER'S INSTRUCTIONS.**

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ISO 9001 Certified

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USER INFORMATION

User Information shall be provided to the user of the product. CMC recommends separating the User Information from the equipment and retaining the information in a permanent record. CMC also recommends making a copy of the information to keep with the equipment and that the information should be referred to before and after each use.

INSPECTION

Inspect the equipment according to your department's policy for inspecting life safety equipment. Inspect the equipment prior to entry into service, after each use, and at least once every 12 months. The equipment should be thoroughly inspected by an inspector that meets your department's training standard for inspection of life safety equipment. Keep a record of the date, person performing the inspection and results, as well as the date of first use, name of users and any other pertinent information necessary to keep accurate track of the equipment's usage history in the equipment log or on a tag that attaches to the equipment. Each user should be trained in equipment inspection and should inspect the equipment before each use.

When inspecting the equipment, check the webbing and rope for cuts, worn or frayed areas, broken fibers, soft or hard spots, discoloration, or melted fibers. Check the stitching for pulled threads, abrasion, or breaks. Check the hardware for damage, sharp edges, and improper operation. If any of the above is noted, or if the equipment has been subjected to shock loads, fall loads, or abuse other than normal use, remove the equipment from service and destroy it. If there is any doubt about the serviceability of the equipment, remove the equipment from service and destroy it.

The service life of equipment depends greatly on the type of use and the environment of use. Because these factors vary greatly, a precise service life of the equipment cannot be provided.

DONNING THE HARNESS

- 1) Loosen the adjusting buckle on each side of the waist belt to make the waist larger.
- 2) Loosen the leg loop straps and separate the quick connect buckles.
- 3) Step into the waist belt, pull the harness up and don the vest.
- 4) Tighten both waist straps until the waist is snug and the front loop is centered. Fold the ends of the waist straps under the Web-Keeper™ and secure them tightly.
- 5) Fasten the quick connect buckles and adjust so that the leg loops are snug.

- 6) The height of the leg loops can be adjusted using the rear adjustment straps.
- 7) The vertical tether strap should be adjusted according to your torso height and **connected into both chest loops** with a carabiner.

A suspension test should be carried out in a safe place prior to putting the harness in service. A suspension test will verify that the harness is the correct size, has sufficient adjustment and is of an acceptable comfort level for the intended use.

WARNING: Make sure that the adjustment straps are snug. When wearing the harness, double-check the buckles, adjusters, and fit of the harness immediately prior to relying on it for support.

To prevent roll out when using carabiners, verify that they are locked before use.

USING THE HARNESS

For ascending, descending or work positioning, use a carabiner to connect into the reinforced web loop at the front waist. There is plenty of room for extra carabiners. A travel restraint line may be attached with a carabiner to the rear D-Ring on the back of the harness.

The sternal connection point on the vest may be used for vertical lifting. Both carabiner loops should be connected to the waist of the harness using the black, one-inch web strap using the supplied carabiner. This helps transfer the load to the leg loops and waist belt. **Only lift from the carabiner.**

The dorsal D-ring may also be used for vertical lifting and is best suited for applications where a rear attachment point is preferred. For a semi-permanent connection point, CMC recommends tightening the screw 1/8 of a turn using a tool.

For greater comfort when a full harness is not required, the leg loops can be disconnected at the front buckles and the rear side release buckles. The leg padding can be rolled up and secured at the waist using the hook and loop keepers. **The leg loops must always be used for vertical lifting or rappelling.**

The upper back of the harness has a drag loop. This is intended as a handle for pulling the wearer if an emergency evacuation is required. It is not intended as a load bearing point for lifting.

The harness is intended for rescue applications in which the wearer uses the harness primarily for positioning. High impact fall situations should be avoided. Always keep the safety line (belay) above the wearer. Always minimize the slack in the safety line.